



BASIC SKI PULK

Whether snow-shoeing or cross country skiing, dragging or pulling loads across the snow and ice is preferable to hauling it on your back! Thus, the “pulk” or “sledge.”

Thankfully, one can be assembled relatively easily and economically!

HERE'S WHAT YOU'LL NEED

- ◇ **Sled** – if you plan to get good use out of your pulk then you'll want to spend in the \$30 to \$50 range for a decent one.
- ◇ **Rope** – 50 ft of 1/4-inch Diamond Braid should do the trick
- ◇ **Waist Belt from backpack** or something similar that can be used to harness the poles to your body
- ◇ **1/2 in pvc** – 2 6 ft lengths
- ◇ **Swivel Bolt Snaps** – 4 . . . (can use strong carabiners, as well)
- ◇ **Bungee Cargo nets** – quantity will depend upon the size of your sled and the size of the netting you purchase...these offer far more flexibility and stability in holding down your gear than just criss-crossing a rope back and forth.

Tools for Assembly*:

- ◇ **Tape Measure**
- ◇ **Cordless Drill**
- ◇ **Cutting implements for rope and pvc**
- ◇ **Fine grain sand paper**
- ◇ **Duct Tape** (just because)



*These tools will be available at the Council office on the 6th.

For additional info visit www.skipulk.com